

## **People, Relationships, Life**

### **Executive Coaching and Mentoring**

#### **Our aim is to:**

- Provide you with executive coaching and mentoring so that you can 'work, manage and lead smarter' within your organisation.
- Work with you toward specific goals, with a clear focus over a period of time
- Increase your effectiveness within the organisation

#### **We can do this by:**

- Setting a flexible customised ongoing program initially for 1 – 3 months – depending on your needs and wants
- Reviewing this at various stages to evaluate the progress

#### **The program will include:**

The tools of Emotional Intelligence and Transactional Analysis and other tools that provide good people skills ; - these will be linked at all time to the business process.

#### **As the Coach/Mentor we offer structures and processes that provide:**

- Feedback and perceived effectiveness on the agreed goals
- A supportive environment and space to discuss current realities such as attitudes, beliefs, values, opportunities which relate to performance success
- Reflection and support to the learning and development to achieve desired results

Where: In the workplace, at an agreed venue, or at the Glenelg office

When: Preferably weekly – times can be negotiated

Cost: Negotiated with the client